

## STAFFS. KNOT 5 MILE RESULTS 2009

Race Pos	Time	Forename	Surname	Cat	Cat Pos	Club	NSRRA
1	24.15	Tom	Humphries	Sen	1	Cannock & Stafford A C	
2	27.02	Ryan	Holroyd	U21	1	Staffs Moorlands A C	181
3	27.11	Christopher	Hollinshead	M40	1	Stafford Harriers	
4	27.52	Richard	O'Sullivan	Sen	2	Tipton Harriers	
5	28.03	David	Bratt	Sen	3	Staffs Moorlands A C	238
6	28.2	Paul	Lester	Sen	4	Cannock & Stafford A C	
7	28.49	Carl	Moulton	Sen	5	Baalloy	156
8	28.58	Daniel	Simpson	U21	2	Tipton Harriers	
9	29.1	Mark	Flint	M40	2	Newcastle (Staffs) A C	28
10	29.26	Phillip	Pugh	U21	3	Cannock & Stafford A C	
11	29.3	Peter	Marquis-Jones	Sen	6	South Cheshire Harriers	112
12	29.33	Kevin	Amos	M50	1	Staffs Moorlands A C	287
13	29.41	Chris	Perrin	U21	4	Cannock & Stafford A C	
14	29.41	Neil	Jones	M40	3	South Cheshire Harriers	17
15	29.52	James	Perrin	U21	5	Cannock & Stafford A C	
16	29.56	Dave	Long	Sen	7	West Bromwich Harriers	
17	30.1	Stephen	Lindridge	Sen	8	Uttoxeter Road Runner	291
18	30.14	Robert	Edwards	M40	4	Road Runners club	
19	30.23	Stephen	Grubb	M45	1	Aldridge Running Club	
21	30.25	Darren	Moreton	Sen	9	Run Dowty Marathon club	
22	30.29	Ian	Salt	Sen	10	Uttoxeter Road Runner	260
23	30.42	Steve	Bowman	Sen	11	Chase Harriers	
24	30.48	Pat	Hudson	Sen	12	South Cheshire Harriers	102
25	30.48	Paul	Burslem	M40	5	Trentham R C	255
26	30.52	James	Simpson	Sen	13	South Cheshire Harriers	109
27	30.52	Jim	Holland	Sen	14	Stone Master Marathoners	300
28	31.07	Simon	Danks	M40	6	Uttoxeter Road Runner	52
29	31.13	Ryan	Procter	Sen	15	Trentham R C	263
30	31.15	Nick	Dunning	M40	7	South Cheshire Harriers	106
31	31.36	Ray	Morris	M45	2	Newcastle (Staffs) A C	
32	31.41	Carl	Platt	Sen	16	Unattached	
33	31.42	Sam	Newton	Sen	17	Trentham R C	
34	31.45	Paul	Douglas	M55	1	Stafford Harriers	462
35	31.54	Mark	Maloney	Sen	18	Michelin A C	178
36	31.58	Ivor	Twiss	M50	2	South Cheshire Harriers	123
37	32	Sam	Derry	U21	6	Cannock & Stafford A C	
38	32.01	Robert	Mottram-Jones	M45	3	Vegetarian Cycling & Athletic club	1
39	32.02	Sally	Gray	F35	1	Stafford Harriers	
40	32.08	Peter	Nicholson	Sen	19	Unattached	
41	32.13	Jayne	Dickins	F40	1	Trentham R C	50
42	32.15	Gareth	Stubbs	Sen	20	Lichfield R C	
43	32.15	Ian	Wood	M45	4	Oak Park R C	345
44	32.17	David	Tatton	U21	7	Telford A C	
45	32.21	Nigel	Brawn	M45	5	Stone Master Marathoners	
46	32.21	Daniel	Brazier	Sen	21	Wolves & Bilston A C	
47	32.24	Keith	Skelton	M40	8	Stafford Harriers	
48	32.31	Russell	Williams	M45	6	Cheadle R C	201
49	32.33	Sarah	Johnson	U21	1	Trentham R C	281
50	32.33	John	Marshall	M40	9	Pudsey Pacer	
51	32.33	Nicky	Lowe	F35	2	South Cheshire Harriers	251
52	32.38	Paul	Eardley	M40	10	Newcastle (Staffs) A C	108
53	32.4	Darron	Farley	Sen	22	Run Dowty Marathon club	
54	32.51	Darren	Pyatt	M40	11	Unattached	
57	33.08	Guy	Aartse-Tuyn	M40	12	NSRRA	34
58	33.09	Rob	Lloyd	M40	13	Chase Harriers	
59	33.1	Michael	Harris	Sen	23	Stafford Harriers	
60	33.18	Paul	Thomas	Sen	24	Lichfield R C	
61	33.18	Bob	Dredge	M55	2	Stafford Harriers	
62	33.2	Mick	Beardsmore	M55	3	Cheadle R C	130
63	33.2	Barry	Smith	M40	14	Newcastle (Staffs) A C	290
64	33.24	Malcolm	Mountford	M50	3	Stafford Harriers	552
65	33.29	Jason	Richards	Sen	25	Tipton Harriers	
66	33.32	Lawrence	Yeomans	Sen	26	Lichfield R C	
67	33.35	Paul	Jolliffe	U21	8	Unattached	
68	33.36	Brian	Denham	Sen	27	Stafford Harriers	
69	33.36	Neil	Sretton	M55	4	Oak Park R C	
70	33.39	Ros	Barker	F45	1	Stone Master Marathoners	511
71	33.48	Stuart	Davies	U21	9	Cannock & Stafford A C	
72	33.51	Paul	Wilson	Sen	28	Unattached	
73	33.52	Nigel	Payne	M45	7	Michelin A C	143

74	33.56	Kenneth	Bloor	M45	8	Trentham R C	562
75	34	Gary	Clifton	M40	15	West Bromwich Harriers	
76	34.01	Darren	Bennett	M40	16	Michelin A C	
77	34.03	Colin	Jackson	M60	1	Aldridge Running Club	
55	33.05	Charli	Weller	F40	2	Newcastle (Staffs) A C	245
56	33.06	Sarah	Price	Sen	1	Cannock & Stafford A C	
78	34.17	Carl	Turner	M45	9	Hednesford Hill Runners	
79	34.19	Robert	Glover	U21	10	Aldridge Running Club	
80	34.26	Stewart	Edmondson	M40	17	Bridgnorth A C	
81	34.28	Christopher	Naylor	Sen	29	Michelin A C	210
82	34.29	Steve	Ingleby	M45	10	Wolves & Bilston A C	
83	34.3	Mark	Sigley	M40	18	NSRRA	323
84	34.31	Paul	Broadhurst	M40	19	Sneyd Striders	
85	34.32	Stan	Winterton	M60	2	Trentham R C	595
86	34.33	Mark	Homer	M45	11	Dudley Kinswinford R C	
87	34.34	Anne	Herold	F45	2	Aldridge Running Club	
88	34.35	Helen	Beecham	Sen	2	Aldridge Running Club	
89	34.36	David	Clarke	Sen	30	Stafford Harriers	
90	34.37	Gary	Owen	Sen	31	Michelin A C	
91	34.38	Christopher	Ross	Sen	32	Unattached	
92	34.39	Mike	Lunn	M40	20	Unattached	
93	34.4	Mark	Bentley	M45	12	Stafford Harriers	449
94	34.41	Chris	Lakin	Sen	33	Unattached	
95	34.5	Brian	Mackey	M60	3	Uttoxeter Road Runner	461
96	34.52	Jason	Blount	Sen	34	Newcastle (Staffs) A C	149
97	34.57	Mark	Shrehorn	Sen	35	Unattached	
98	35.06	Adam	Johnson	U21	11	Cannock & Stafford A C	
99	35.06	Spencer	Davies	M40	21	Unattached	
100	35.1	Dave	Preece	M50	4	Stafford Harriers	494
101	35.16	Jason	Littlewood	U21	12	Stafford Harriers	
102	35.2	Sarah	Taylor	F40	3	Michelin A C	
103	35.2	Stephen	Caswell	Sen	36	Unattached	
104	35.21	Chris	Skellern	F45	3	Stafford Harriers	549
105	35.23	Chris	Owen	Sen	37	Stafford Harriers	
106	35.26	John	Holmes	M55	5	Milton R C	495
107	35.27	Chris	Crosby	Sen	38	West Bromwich Harriers	
108	35.31	David	Tilt	M45	13	Unattached	
109	35.31	Grahame	Cope	Sen	39	Uttoxeter Road Runner	400
110	35.36	Christine	Holmes	Sen	3	Unattached	
111	35.36	Kevin	Uzzell	M60	4	Stone Master Marathoners	354
112	35.36	Jon	Wolfe	Sen	40	Lichfield R C	
113	35.4	Simon	Walker	M45	14	South Cheshire Harriers	233
114	35.49	Luke	Tatton	U21	13	Telford A C	
115	35.55	Charles	Larsson	M40	22	Newcastle (Staffs) A C	315
116	35.58	Gregory	Marsh	Sen	41	Uttoxeter Road Runner	
117	35.58	John	Clemens	M65	1	Stone Master Marathoners	433
118	36.03	Mark	Orme	Sen	42	Unattached	
119	36.03	David	Parkes	Sen	43	Tipton Harriers	
120	36.04	Paul	Keighley	M50	5	Lichfield R C	
121	36.05	Christopher	Ford	Sen	44	Unattached	
122	36.08	Graham	Fletcher	M50	6	Newcastle (Staffs) A C	293
123	36.09	Anthony	Green	M40	23	Run Dowty Marathon club	
124	36.12	Neil	Caswell	Sen	45	Chase Harriers	
125	36.24	Keith	Smith	M50	7	Unattached	
126	36.27	David	Threlfall	Sen	46	Unattached	
127	36.28	Becky	Austin	F35	3	Newcastle (Staffs) A C	213
128	36.31	Phil	Cliff	M45	15	South Cheshire Harriers	170
129	36.34	Sarah	Grdner-Hall	Sen	4	Norton Canes Road Runners	
130	36.39	Gary	Jones	M40	24	Michelin A C	553
131	36.44	Nigel	Lee	M55	6	Newcastle (Staffs) A C	479
132	36.44	Mark	Walsh	M45	16	Sneyd Striders	
133	36.46	Jocelyn	Payne	U21	2	Unattached	
134	36.52	Andrew	Noble	M40	25	Chase Harriers	
135	36.52	James	Cox	Sen	47	Unattached	
136	36.54	Ian	Talbot	Sen	48	Unattached	
137	36.57	Kevin	Postins	M45	17	Sneyd Striders	
138	37.01	Mark	Day	Sen	49	Trentham R C	
139	37.01	Alan	Jeavons	M60	5	Unattached	
140	37.04	Andrew	Wood	M45	18	Unattached	
141	37.08	Alan	Lewis	M65	2	Trentham R C	563
142	37.08	Tim	Dredge	Sen	50	Unattached	
143	37.09	Richard	Matthews	M40	26	Oak Park R C	
143	37.09	Mark	Birchall	M40	27	Unattached	

145	37.12	John	Guest	M50	8	NSRRA	150
146	37.13	David	Gould	M55	7	Serpentine Running Club	
147	37.14	Lee	Smith	M40	28	Unattached	
148	37.15	Aaron	Parke	Sen	51	Unattached	
149	37.16	Clare	Davenport	F35	4	Staffs Police A C	
150	37.19	Paul	Higginson	Sen	52	Unattached	
151	37.19	Rosemary	Wilson	F50	1	Trentham R C	394
152	37.2	Tim	Price	Sen	53	Unattached	
153	37.21	Simon	Muckley	Sen	54	Unattached	
154	37.23	Tracy	Latham	Sen	5	Uttoxeter Road Runner	89
155	37.27	Steven	Dyre	Sen	55	Unattached	
156	37.27	John	Robertson	M50	9	Milocarian A C	
157	37.29	Andrew	Wheeler	Sen	56	Unattached	
158	37.33	John	Quinn	M60	6	Aldridge Running Club	
159	37.41	Adam	Smith	Sen	57	Unattached	
160	37.41	Clive	Howseman	Sen	58	Oak Park R C	
161	37.42	Yvonne	Leeson	F55	1	Stone Master Marathoners	
161	37.42	Bill	Stevenson	M45	19	Michelin A C	183
163	37.5	Crane	Emms	M40	29	Unattached	
164	37.51	Adrian	Melbourne	Sen	59	Unattached	
165	37.56	Mike	Cutler	M50	10	South Cheshire Harriers	506
166	37.56	Robert	Simpson	M45	20	Stafford Harriers	61
167	37.58	Amanda	McManos	F35	5	Newcastle (Staffs) A C	
168	37.58	Pam	Davies	F55	2	Stone Master Marathoners	107
169	38.04	Tatum	Anderson	Sen	6	Aldridge Running Club	
170	38.06	Simon	Hudson	M50	11	Aldridge Running Club	
171	38.06	Michael	Molloy	M40	30	NSRRA	264
172	38.07	Lynne	Shepley	F50	2	Stone Master Marathoners	165
173	38.12	Tony	Ratcliffe	M65	3	Newcastle (Staffs) A C	
174	38.16	Russell	Reid	M50	12	Uttoxeter Road Runner	69
175	38.2	Colin	Downey	M50	13	Dudley Kinswinford R C	
176	38.21	Paul	Scullion	Sen	60	Unattached	
177	38.22	Graham	Williams	M60	7	Stafford Harriers	65
178	38.26	Alan	Evans	M45	21	Unattached	
179	38.28	Keith	Goss	M55	8	Uttoxeter Road Runner	336
180	38.31	Gary	Whiteside	M45	22	Unattached	
181	38.31	Fredrick	Chidlow	M60	8	Unattached	
182	38.34	Mark	Till	Sen	61	Sneyd Striders	
183	38.38	Philip	Cook	M55	9	Unattached	
184	38.4	Gerald	Davies	M65	4	Stone Master Marathoners	268
185	38.41	Alan	Dale	M45	23	Unattached	
186	38.44	Kenny	Johnson	M50	14	Michelin A C	184
187	38.44	Martin	Cope	Sen	62	Unattached	
188	38.46	Philip	Cooper	M55	10	South Cheshire Harriers	
189	38.47	Martin	Stirna	M55	11	South Cheshire Harriers	430
190	38.5	Craig	Ashton	Sen	63	Newcastle (Staffs) A C	44
191	38.56	Martin	Foxall	Sen	64	Unattached	
192	38.57	Kerry Anne	Clancy	Sen	7	Newcastle (Staffs) A C	349
193	38.58	John	Wood	M50	15	Michelin A C	
194	38.59	Caroline	Thompson	Sen	8	Unattached	
195	39.04	Steve	Smith	M45	24	Unattached	
196	39.04	John	Leese	M60	9	Stafford Harriers	118
197	39.06	Eric	Lander	M60	10	Stafford Harriers	393
198	39.06	Gary	Tonks	M45	25	Unattached	
199	39.06	Gray	Thomas	M40	31	Unattached	
200	39.08	John	Dunn	M55	12	NSRRA	214
201	39.09	Andy	Bourne	Sen	65	Stafford Harriers	
202	39.1	Karen	Davies	F45	4	Stafford Harriers	33
203	39.11	Craig	Baxter	Sen	66	Stafford Harriers	
204	39.14	Ralph	Wedlock	M50	16	Stafford Harriers	
205	39.17	Jason	Baley	M50	17	Unattached	
206	39.2	Chris	Jones	Sen	67	Unattached	
20	30.24	Paul	Butler	M45	26	Aldridge Running Club	
207	39.24	Michael	Tobin	M50	18	South Cheshire Harriers	
208	39.24	Jim	Venn	M40	32	Unattached	
209	39.28	Julie	Tooth	F40	4	Unattached	
210	39.28	Richard	Baker	M55	13	Amazing Feet R C	
211	39.28	Therezia	Duffy	F50	3	Wolves & Bilston A C	76
213	39.29	David	Taylor	M40	33	Rugeley Runners	
212	39.29	James	Jones	Sen	68	Wolves & Bilston A C	
214	39.3	Julie	Lovatt	F40	5	Stafford Police	
215	39.31	Robert	Findler	M45	27	Milton R C	226
216	39.34	Shane	Morrison	M45	28	Chase Harriers	

217	39.39	Richard	Geoghegan	M45	29	Stafford Harriers	
218	39.43	Alun	Bason	Sen	69	Unattached	
219	39.44	Garry	Lee	Sen	70	Unattached	
220	39.46	James	Fowler	Sen	71	Unattached	
221	39.46	Rebecca	Brau	U21	3	Cannock & Stafford A C	
222	39.46	John	Bray	M45	30	Cannock & Stafford A C	
223	39.47	Clive	Baggaley	M60	11	Uttoxeter Road Runner	373
224	39.48	Mark	Stokes	Sen	72	West Bromwich Harriers	
225	39.5	Andrew	Elliot	M45	31	Unattached	
226	39.5	Don	Brookes	M65	5	Trentham R C	418
227	39.53	Richard	Shaw	M55	14	Stone Master Marathoners	
228	39.56	Liz	Stanyer	F35	6	Stafford Harriers	
229	40	Edward	Roper	Sen	73	Newport and District R C	
230	40.04	Andrew	Calvert	M50	19	Unattached	
231	40.07	Terry	Rickards	M45	32	Unattached	
232	40.13	Louise	Kemp	Sen	9	Unattached	
233	40.16	David	Mantle	M55	15	Mercia Fell Runner	
234	40.2	Richard	Lodge	M55	16	Aldridge Running Club	
235	40.2	Ian	Grocott	M45	33	Trentham R C	
236	40.21	James	Lunney	Sen	74	Unattached	
237	40.26	John	Greatholder	M55	17	Stafford Harriers	
238	40.27	Clare	Wilne	F35	7	Staffs Police A C	
239	40.3	Daniel	Carter	M45	34	Uttoxeter Road Runner	53
240	40.32	Caroline	Stark	Sen	10	Stafford Harriers	
241	40.33	Nigel	Symms	M40	34	Newcastle (Staffs) A C	26
242	40.34	Stuart	Hatton	M45	35	Peel road runners	
243	40.35	Rachel	Parker	Sen	11	Aldridge Running Club	
244	40.38	Harriet	Riley	Sen	12	Newcastle (Staffs) A C	
245	40.41	Paul	Lowe	M40	35	Newcastle (Staffs) A C	
246	40.45	Vici	Richardson	Sen	13	Peel road runners	
247	40.46	Denice	Harris	F40	6	Sneyd Striders	
248	40.48	Richard	Cruice	Sen	75	Unattached	
249	40.48	Andrew	Cororan	Sen	76	Unattached	
250	40.54	Gail	Lowe	F40	7	Newcastle (Staffs) A C	292
251	40.58	Kathryn	Hole	U21	4	Unattached	
252	41.03	Andy	Phillips	Sen	77	Unattached	
253	41.08	Mark	Goodwin	Sen	78	Unattached	
254	41.09	Stephen	Tunstall	M45	36	Uttoxeter Road Runner	
255	41.1	Andrew	Murray	Sen	79	Unattached	
256	41.11	Sandra	Durow	F40	8	Uttoxeter Road Runner	
257	41.12	Paul	Mansell	M40	36	West Bromwich Harriers	
258	41.13	Stephen	Burgin	M50	20	Unattached	
259	41.14	Victoria	Mayers	Sen	14	Realbuzz R C	
260	41.29	Phil	Mansell	M45	37	Unattached	
261	41.37	Carl	Simpson	Sen	80	Unattached	
262	41.39	Lucy	Webb	F50	4	Uttoxeter Road Runner	245
263	41.42	Malcolm	Mills	M65	6	Sneyd Striders	
264	41.44	Susan	Allock	F40	9	South Cheshire Harriers	
265	41.46	Emma	Gaffney	F35	8	Lichfield R C	
266	41.47	Susan	Holmes	F40	10	Unattached	
267	41.48	David	Gardner	M40	37	Unattached	
268	41.5	Adrian	Snell	Sen	81	Unattached	
269	41.53	Steve	Woolley	M45	38	Aldridge Running Club	
270	41.54	Sarah	Tatton	U21	5	Telford A C	
271	41.55	Oliver	Stokes	Sen	82	Newport and District R C	
272	42	Gerry	Calvert	M65	7	Trentham R C	459
273	42.01	Zoe	Yeomans	Sen	15	Stourbridge R C	
274	42.02	Rita	Banks	F60	1	Stone Master Marathoners	222
275	42.03	Lynn	Geoghegan	F45	5	Stafford Harriers	153
276	42.04	Darren	Taylor	M40	38	Chase Harriers	484
277	42.05	Trevor	Clay	M60	12	Uttoxeter Road Runner	
278	42.07	Tom	Shaw	Sen	83	Michelin A C	284
279	42.09	Terry	Murphy	M60	13	Stone Master Marathoners	398
280	42.16	Laura	Brownbill	Sen	16	Unattached	
281	42.16	Mick	Arayre	M45	39	Unattached	
282	42.16	Leon	Millership	Sen	84	Unattached	
283	42.2	Paul	Thompson	Sen	85	Unattached	
284	42.23	Robert	Griffith	M40	39	Chase Harriers	
285	42.25	Gema	Cutler	U21	6	South Cheshire Harriers	23
286	42.26	Joanne	Rose	F35	9	Unattached	
287	42.27	Mike	Everitt	M40	40	Unattached	
288	42.35	Peter	Cooper	Sen	86	South Cheshire Harriers	98
289	42.39	Tony	Baker	M50	21	Stafford Harriers	72

290	42.41	Julie	Tatton	F45	6	Unattached	
291	42.42	Jozef	Starzak	M55	18	Unattached	
292	42.44	Robert	Finder	M45	40	Newcastle (Staffs) A C	261
293	42.48	Christopher	Pearce	U21	14	Unattached	
294	42.49	Jackie	Allen	Sen	17	Stafford Harriers	
295	42.56	Dave	Banner	M40	41	Stafford Harriers	
296	42.58	Joanne	Offord	F40	11	Unattached	
297	42.58	David	Oakley	M40	42	Unattached	
298	43	Nigel	Tatton	M40	43	Telford A C	
299	43.03	Malcolm	Rushton	M55	19	Trentham R C	475
300	43.06	Gareth	Taylor	M40	44	Unattached	
301	43.09	Emma	Key	Sen	18	Unattached	
302	43.14	Shaun	Holt	M40	45	Unattached	
303	43.17	Katie	Swinson	Sen	19	Unattached	
304	43.22	Louise	Stalder	Sen	20	Unattached	
305	43.22	John	Stokes	M55	20	Newport and District R C	
306	43.28	Anita	Holland	F40	12	Sneyd Striders	
307	43.37	Scott	Palmer	M40	46	Stafford Harriers	
308	43.37	Amy	Yeomans	U21	7	Stafford Harriers	
309	43.39	Laura	Clough	Sen	21	Stafford Harriers	
310	43.39	Robert	Smith	Sen	87	Aldridge Running Club	
311	43.42	Graeme	Cowles	Sen	88	NSRRA	212
312	43.44	Dale	Smith	M40	47	Aldridge Running Club	
313	43.46	Julia	Barker	F35	10	Stafford Harriers	
314	43.5	Jane	Quinn	F55	3	Aldridge Running Club	
315	43.5	Cathryn	Jones	F40	13	Aldridge Running Club	
316	43.5	John	Moreton	M55	21	Unattached	
317	43.5	Mark	Lilley	Sen	89	Run Dowty Marathon club	
318	43.58	Usha	Hira	F35	11	West Bromwich Harriers	
319	43.58	Hayley	Smith	Sen	22	West Bromwich Harriers	
320	44.04	Karen	Murray	F40	14	Stafford Harriers	
321	44.05	Matt	Benfield	Sen	90	Burton A C	
322	44.12	Carolyn	Kelly	Sen	23	Cobra	
323	44.17	Phillip	Collins	M40	48	NSRRA	195
324	44.25	Karen D	Murray	F45	7	Stafford Harriers	27
325	44.3	Pamela	McEntee	F45	8	Wolves & Bilston A C	
326	44.33	Linda	Fernyhough	F45	9	Unattached	
327	44.33	Joyce	Edwards	F60	2	Stone Master Marathoners	124
328	44.34	Mathew	Mardling	Sen	91	Unattached	
328	44.34	Stephen	Smith	M45	41	Unattached	
330	44.39	Colin	Pheasant	M50	22	Chase Harriers	382
331	44.4	Heidi	Commingham	F40	15	Sneyd Striders	
332	44.41	Julie	Nicholls	F40	16	Unattached	
333	44.42	Ann	Williams	F40	17	NSRRA	186
334	44.45	Scott	Jones	Sen	92	Unattached	
335	44.48	Donald	Platt	M55	22	Unattached	
336	44.51	Gail	Stevens	F50	5	Sneyd Striders	
337	44.52	James	Thorpe	Sen	93	Stafford Harriers	
338	44.53	Laura	Emms	U21	8	Unattached	
339	44.54	Joy	Dale	F50	6	Black Country Triathletes	
340	44.55	Emma	White	F35	12	Unattached	
341	44.56	Margaret	Shaw	F55	4	Stone Master Marathoners	
342	44.57	Marie	Hartshorn	F35	13	Unattached	
343	45.06	David	Cowley	M65	8	Stafford Harriers	9
344	45.13	Sally	Burns	Sen	24	Stafford Harriers	
345	45.13	Joanne	Aartse-Tuyn	F40	18	NSRRA	250
346	45.31	Emma	Ridge	Sen	25	West Bromwich Harriers	
347	45.33	Melanie	Brown	F45	10	Aldridge Running Club	
348	45.33	Helen	Manton	F40	19	Peel road runners	
349	45.34	Lydia	Harris	U21	9	Unattached	
350	45.34	Stephen	Harris	M55	23	Unattached	
351	45.35	Joanne	Picken	F35	14	Potters Potters	
352	45.42	David	Howell	M60	14	Staffs Police A C	
353	45.42	Joanne	Marquis-Johnson	F35	15	Staffs Police A C	
354	45.43	Edward	Taylor	M65	9	Rugeley Runners	
355	45.48	Adam	Bennett	Sen	94	Unattached	
356	45.51	Laura	Kendrick	Sen	26	Unattached	
357	45.56	Mac	McCoig	M55	24	Stone Master Marathoners	261
358	45.59	Kim	Preece	Sen	27	Stafford Harriers	
359	46.03	Neil	Caswell	Sen	95	Chase Harriers	
360	46.04	Jon	Bryan	Sen	96	Unattached	
361	46.11	Dean	Lee	M55	25	NSRRA	401
362	46.13	Berlinda	Rirey	Sen	28	Newcastle (Staffs) A C	999

363	46.16	Craig	Gingell	Sen	97	Unattached	
364	46.16	Tony	Tomkins	Sen	98	Unattached	
365	46.28	Ken	Gough	M40	49	Norton Canes Road Runners	128
366	46.28	Amanda	Broad	Sen	29	Peel road runners	
367	46.3	Katerina	Darcy	Sen	30	Bedford Harriers	
368	46.38	Khaled	Amin	M50	23	Unattached	
369	46.41	Julie	Fletcher	F50	7	Newcastle (Staffs) A C	376
370	46.5	Anne	Kelsall	F50	8	Aldridge Running Club	
371	46.5	Karen	Sabin	F35	16	Stafford Harriers	
372	46.5	Lesley	Finnie	Sen	31	Unattached	
373	46.53	Christian	Jones	M40	50	Unattached	
374	46.59	Simon	Stanyer	M40	51	Stafford Harriers	
375	47.07	Alison	Edwards	Sen	32	Aldridge Running Club	
376	47.26	Les	Smith	M50	24	Unattached	
377	48.12	Catherine	Jones	F45	11	Unattached	
378	48.23	Amanda	Pearce	F50	9	Mercia Fell Runner	
379	48.24	Sarah	Javis	Sen	33	Unattached	
380	48.25	Tony	Gamble	M55	26	Unattached	
381	48.32	Joe	Hartlebury	U21	15	Unattached	
382	48.35	John	Hartlebury	M45	42	Unattached	
383	48.45	Sandra	Stanford	F55	5	Unattached	
384	48.45	Lynn Irene	Hill	F45	12	Unattached	
385	48.48	Emma	Wardle	F35	17	Stafford Harriers	
386	48.5	Andy	Worsley	Sen	99	Unattached	
387	48.55	James	Craddock	Sen	100	Unattached	
388	48.55	Derren	Craddock	Sen	101	Unattached	
389	49.08	Les	Hall	M60	15	Norton Canes Road Runners	
390	49.12	Bobbie	Hickman	F40	20	Potters Potters	
391	49.22	Angela	Rotheram	Sen	34	Unattached	
392	49.25	Fiona	McGregor	Sen	35	Unattached	
393	49.34	Ann	Pemberton	F35	18	Unattached	
394	49.39	Paul	Harris	M50	25	Unattached	
395	50	Michelle	Evans	F40	21	Unattached	
396	50.14	Susan	Reid	F40	22	Unattached	
397	50.21	Kelly	Day	Sen	36	Unattached	
398	50.27	Cindy	Morrisette	F50	10	Staffs Moorlands A C	10
399	50.27	Chris	Howe	M55	27	Stafford Harriers	
400	50.29	David	Timmis	Sen	102	Stafford Harriers	
401	50.32	Fay	Ridgewell	Sen	37	Stafford Harriers	
402	50.35	David	Trevor	M55	28	Stafford Harriers	
403	50.36	Nicky	Walker	Sen	38	Stafford Harriers	
404	50.43	Amy	Townsend	U21	10	Unattached	
405	50.44	Kelly	Bryant	U21	11	Unattached	
406	50.51	Emma	Platt	U21	12	Unattached	
407	51.06	Christine	Herbert	F50	11	Aldridge Running Club	
408	51.07	Judy	Crook	F55	6	Aldridge Running Club	
409	51.15	Kelly	Allison	F50	12	Stafford Harriers	
410	51.33	Anna	Sargeant	F60	3	Unattached	
411	51.44	Claire	Starzak	Sen	39	Wolves & Bilston A C	
412	51.52	Colette	Starzak	F45	13	Wolves & Bilston A C	
413	51.55	Sharon	Blest	F50	13	Sneyd Striders	
414	52	Judith	Colman	F55	7	Stafford Harriers	96
415	52.13	Gill	Holliday	F40	23	Stafford Harriers	
416	52.16	Frank	Evans	M65	10	Stafford Harriers	
417	52.25	Gillian	Caldwell	F60	4	Stafford Harriers	78
418	52.35	Michael	Maloney	M60	16	Michelin A C	142
419	52.37	Hayley	Starzak	Sen	40	Unattached	
420	52.41	Steph	Grant	F40	24	Unattached	
421	52.46	Helen	Washbrook	Sen	41	Sneyd Striders	
422	52.52	Sarah	Barker	Sen	42	Unattached	
423	52.52	Julie	Gill	F40	25	Unattached	
424	53.01	Kellie	Lee	F35	19	Stafford Harriers	
425	53.03	Graham	Martin	M55	29	Unattached	
426	53.04	Tracie	Wallis	F40	26	Stafford Harriers	
427	53.05	Peter	French	M50	26	Unattached	
428	53.06	Helen	Holt	F35	20	Stafford Harriers	
429	53.06	Susan	Bagot	F45	14	Unattached	
430	53.07	Liz	Stevenson	F50	14	Potters Potters	229
431	53.28	Hazel	Barlow	F45	15	Michelin A C	397
432	54.46	Chris	Cox	M55	30	Lichfield R C	
433	55.1	Kelly	Nicholls	Sen	43	Unattached	
434	55.1	Kerry	Hulme	F40	27	Unattached	
435	56.07	Julie	Watkiss	Sen	44	Unattached	

436	56.08	Paul	Wilson	Sen	103	Stafford Harriers		
437	57.34	Lynda	Elmore	F40	28	Aldridge Running Club		
438	58.18	Linda	Woodall	F45	16	Michelin A C		
439	58.26	Clare	Earl	F35	21	Unattached		
440	59.29	Carol	Bragg	F45	17	Unattached		
441	59.29	Julia	Williams	F40	29	Unattached		
442	60.32	Jean	Payne	F60	5	Michelin A C	297	
443	61	Paula	McLellan	F60	6	Stone Master Marathoners	258	
444	62.04	Lindsay	Burrill	F40	30	Stone Master Marathoners		
445	63.06	Margaret	Shaw	F60	7	Michelin A C	151	
446	64.08	Kathy	Ling	F60	8	Wrekin Road Runners		
447	65.31	Dave	Chittem	M50	27	Stafford Harriers		
448	67.1	Fiona	Foster	F45	18	Stone Master Marathoners		













